

Flip Starz  
is proud  
to offer  
karate by:



The program is a well rounded mix of traditional training and practical usage such as self-defense and altercation avoidance techniques that are particularly important in the zero tolerance policy environment we find in both the school and work place. And we have a great time!

### **When**

- ▣ Mondays & Wednesday  
★ 5:30pm-6:30pm

### **Where**

- ▣ Flip Starz Gymnastics Academy  
5425 Perry Dr.  
Waterford, MI 48329 (248.673.6767)

### **Mixed Classes**

- ▣ Mixed class (kids, teenagers and adults)  
Ages: 6 & up!

### **Cost**

- ▣ Monthly: \$60 (1 class per week)/Monthly: \$75 (2 classes per week)
- ▣ Registration fee: \$45 (includes Karate GI (uniform)). Each additional family member will be \$25 (includes uniform).

### **What You Get**

- ▣ Access to additional Saturday morning training at TSMA school in Highland (1444 S. Milford Rd., Highland, MI) at no extra fee!
- ▣ Access to additional training with our competition team and offer a clear path to compete at the AAU nationals and Junior Olympics.
- ▣ All belt testing will be held at the school in Highland (which is held once every quarter) for a fee of \$25.

Treger Studio of Martial Arts:  
[www.tregerstudio.com](http://www.tregerstudio.com)

Flip Starz Gymnastics Academy:  
[www.flipandcheer.com](http://www.flipandcheer.com)