



Contact Information:

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Flip Starz Gymnastics adds Karate to their class offerings

FOR IMMEDIATE RELEASE

Waterford, Michigan – Flip Starz Gymnastics Academy is proud to announce that they are now offering Karate classes in a partnership with Treger Studio of Martial Arts (TSMA) from Highland, Michigan. Classes will begin Monday, September 9, 2013.

“We have wanted to add karate to our curriculum for years. And when Larry Treger contacted us, it was like it was meant to be,” said Tara Holmes, owner of Flip Starz Gymnastics. “I am so excited about this opportunity and look forward to working with Treger Studio.”

TSMA will be teaching classes on Mondays and Wednesdays from 5:30pm-6:30pm at Flip Starz Gymnastics. There will be two monthly options: one class per week for \$60 or two per week for \$75. The registration fee is \$45 which includes the Karate Gi. Each additional family member will be \$25 which will also include the Karate Gi.

If you would like to meet TSMA, come to the Family Fun Day and Gymnastics Open House at Flip Starz Gymnastics on Sunday, September 8, 2013 from 11:00am-3:00pm. There will be free mini-trial classes, demonstrations and an extraordinary introductory special for that day only. Open House Special will be \$19.95 (this will include Monday only classes for September, Karate Gi and your registration fee will be waived).

Family Fun Day will also feature carnival games, bounce houses, dunk tank, 50/50 raffle, face painting, popcorn machine, free hot dogs & beverages, slushy machine, chances to win free monthly tuition, chances to win monthly tuition discounts, and every child that attends will receive a free open gym pass.

All programs at TSMA have been developed personally by Master Instructor and 4th DAN Black Belt, Larry Treger with over 30 years of experience and Sensei Elizabeth Treger 3rd DAN Black Belt with over 18 years of experience.

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About Flip Starz Gymnastics Academy

Flip Starz Gymnastics Academy offers gymnastics and tumbling classes for ages 18 months and up in the Waterford/Clarkston, Michigan area. Flip Starz's competitive gymnastics program consists of two training programs for beginners to competitive gymnastics. The programs provide kids the opportunity to develop discipline and self-esteem through a highly competitive and demanding sport. Flip Starz also offers private birthday parties, holiday and summer camps and field trips. Flip Starz Gymnastics Academy is a member of the USAG club and fully sanctioned by USA Gymnastics.

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For more information, please call Flip Starz Gymnastics Academy at 248.673.6767. For interviews and other media coverage including additional press inquiries, please contact owner Tara Holmes at: 248.673.6767, email: flipstarzgymnastics@yahoo.com or visit www.flipandcheer.com